

COU 632 Assessment, Case Planning & Management (3 cr)

May 28th, 2010 – July 23rd, 2010, 6:00 PM – 10:30 Fridays in Grand Island

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Purpose:

Substance Abuse and Mental Health Professionals must have a set of procedures to evaluate clients and to manage their cases. Besides attending to client strengths and areas of psychosocial challenges, assessing client stages of readiness for change, presenting problems, and specific needs, professionals must work with clients to construct an appropriate treatment plan. Treatment planning must include client goals as an active ingredient and must be flexible to meet the needs of the clients. Often the assessment phase is the only time to make the vital client-counselor connection using skilled interviewing skills. Providing a valid assessment constitutes the basis for appraising the data and making diagnostic judgments for level of care and referral. Managing the case requires the counselor to 'step back' and look objectively at the records to coordinate client care using the intake and assessment, development of an individualized treatment plan with measurable goals and objectives, progress notes, discharge planning and case management activities with periodic clinical reviews.

Course Description:

This course has been developed to apply the most current knowledge and tools to substance abuse and addiction cases and to utilize client data in planning and management of cases. Students will assess various screening and assessment instruments vital to the counseling profession.

Course Objectives:

1. Explore attitudes and beliefs regarding substance-abusing clients.
2. Review various assessment tools with their appropriate use, and interview styles for completing a social history and intake.
3. Formulate treatment plans with measurable goals and objectives for client care.
4. Illustrate how to document client progress and ongoing assessment.
5. Develop the elements of a discharge plan and individualized aftercare plan.
6. Demonstrate the service coordination and recommendations for clients.
7. Review the Federal Confidentiality 42 CFR Part 2 and how it protects substance abuse clients.
8. Demonstrate record keeping including development of a case file to include assessment, diagnosis, treatment planning, counseling methods, progress notes, discharge planning, case management and clinical case review.
9. Employ community resources to inform about current practices in substance abuse treatment.

Required Textbooks:

1. Real World Treatment Planning, Johnson & Johnson ISBN # 0534596797
2. Case Management Practice: Skills for the Human Services 3rd ED., Nancy Summers ISBN # 0495501476

Course Requirements:

Students are required to attend class meetings, complete course readings, and assignments, participate in class discussions, and present a significant portion of the class information to their peers.

Evaluation:

Presentation..... 50%
Participation in Discussion.....30%
Attendance & Attitude.....20%